



# BREAKFAST @SCHOOL

For first-class learning!

Elementary School Breakfast Menu

Featuring  
Healthy Fruits  
& Grains!

## BREAKFAST MENU 2017-2018

This institution is an equal opportunity provider. Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Pancake	Breakfast Sandwich	Pigglestick (pancake wrapped sausage link)	Breakfast Egg Bowl	Assorted Muffin
Monday	Tuesday	Wednesday	Thursday	Friday
Mini French Toast	Breakfast Sandwich	Pigglestick (pancake wrapped sausage link)	Banana Bread	Mini Waffle

### Milk Options:

- Skim
- Low Fat (1%)
- Non-Fat Chocolate
- Non-Fat Strawberry

**Fruit Options:** (All meals must contain 1 serving of fruit, students may select 2 fruit options with breakfast)

Assorted Fresh & Cupped Fruit will be available daily

100% Fruit Juice

### Breakfast Items Available Daily

(all items are whole grain rich)

- |                                     |                           |
|-------------------------------------|---------------------------|
| Bagel w/ Cream Cheese               | Crunchmania Grahams       |
| Assorted Mini Bagel w/ Cream Cheese | Cinni Minis               |
| Banana Bread                        | Assorted Frudels          |
| Assorted Cereal                     | Assorted Nutri-Grain Bars |
| Cinnamon Roll                       | Assorted Muffins          |
| Breakfast Bites                     | Assorted Yogurt           |

Menu Subject to Change

### Breakfast Prices

All Colonial Elementary Students will receive their first Breakfast & Lunch Meals at **no cost**.

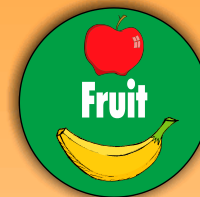
No double Breakfast available at elementary school.

Second Lunch Price: \$1.30

Adult Meal Price:  
Breakfast: \$2.40  
Lunch: \$3.60

## First things First

To make a breakfast,  
choose at least one



OR



and at  
least  
three  
items  
total



COLONIAL SCHOOL DISTRICT  
NUTRITION SERVICES